Universiti Kebangsaan Malaysia
The National University of Malaysia

HCTM
HOSPITAL CANSELOR TUANKU MUHRIZ

ACADEMY OF FAMILY PHYSICIANS OF MALAYSIA

Hands-on Basic Surgical Skills Master Class

Bengkel Kemahiran Asas Pembedahan secara *Hands-on*

(for GCFM, ATFM trainees, Primary Care Doctors & GPs)

20 & 21 October 2026

Advanced Surgical Skill Centre UKM

8:00AM

Family Medicine Specialists frequently encounter a wide range of cases that require minor surgical procedures in the primary care setting. Mastery of essential minor surgical skills enhances the quality of patient care, facilitates timely treatment, and reduces the need for referrals to secondary care for appropriate cases. In view of this, this workshop is organised to strengthen participants' knowledge and practical skills in performing minor surgical procedures safely, effectively, and in accordance with current evidence-based clinical practice.

LEARNING OUTCOMES:

- Apply the principles of asepsis and antisepsis in minor surgical procedures.
- Administer local anaesthesia correctly and safely.
- Identify the indications and contraindications for minor surgical procedures.
- Demonstrate proficiency in basic and advanced wound suturing techniques.
- Perform simple skin lesion excision procedures safely and effectively.
- Recognise and manage early complications following minor surgical procedures.

REGISTER NOW

AFPM MEMBER: RM950
AFPM NON-MEMBER: RM1150

FOR INQUIRIES:
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PROGRAMME - DAY 1

TIME	ACTIVITIES
8.00 AM	**Registration**
8.30 AM	**Basic Wound Management for Primary Physician (Plastic Surgeon)** - Definition of wound - Type of wound - Healing/inflammatory process - Basic management of wound - Types of wounds that need referral **Speaker: Assoc. Prof. Dr. Farrah Hani Imran**
9.30 AM	**Principles of Local Anaesthesia (General Surgeon)** - Mechanism of action - Ph influence (Why it is not effective in infection) - The function adjuvants (vasoconstrictors such as adrenaline) - How to infiltrate LA **Speaker: Dr Loo Guo Hou**
10.30 AM	**Coffee Break**
10.45 AM	**Management of Epistaxis (ENT Surgeon)** **Speaker: Dr. Fahrin Zara Mohammad Nasseri**
11.15 AM	**Abscess and Principle of Management** - Definition of abscess, carbuncle, furuncle - Basic treatment of these - Principle of incision and drainage **Speaker: Assoc. Prof. Dr. Lenny Suryani Safri**
12.45 PM	**Lunch**
1.30 PM	**Basic Suturing (With Hands On)** - Types of needles - Types of sutures - Introduction to instruments: Needle holder, forceps and how to handle - Common technique: Simple interruption, Continuous, vertical mattress, horizontal mattress **Speaker: Dr. Fahrol Fahmy Jaafar**
3.00 PM	**How To Secure Bleeding in Primary Healthcare?** - Types of bleeding - Types of method to secure - How to manage scalp bleeding **Speaker: Dr. Nabil Mohammad Azmi**
4.00 PM	**Disinfection And Sterilization** - Definition and principle - Methods available and can be used in primary care set up **Speaker: Dr. Abdul Fattah Abdul Hamid**
5.00 PM	**End of Day 1**

PROGRAMME - DAY 2

TIME	ACTIVITIES
8.30 AM	**Revision & Feedback Day 1**
9.00AM	**CLTI** - Definition - Sign and symptom - Basic management - ABPI: How I do it **Speaker: Dr. Kishen Raj Chandra Sakaran**
10.00AM	**Burn and Principles of Management** - Types of burn injury - Airway (inhalational) - Cardiac - Fluid resuscitation (Parkland) - Burn wound management in acute settings **Speaker: Dr. Khoo Phong Jhiew**
11.00AM	**Coffee Break**
11.15AM	**Lump and Bump: How I Manage in Primary Care and Limitations** - Definition - Types of lumps and bumps - Cases that require referral **Speaker: Dr. Kishore Kumaar Veerasamy**
1.00PM	**Lunch**
2.00PM	**Practical Session** - Table of DRE and proctoscopy - Urethral catheterization - Stapler removal - Excision biopsy - how I do it - Local infiltration and suturing technique
5.00PM	**End**