ACADEMY OF FAMILY PHYSICIANS
OF MALAYSIA (AFPM)
MELAKA SECTION

Venue sponsored by

Oriental Melaka Straits Medical Centre

METABOLIC HEALTH WORKSHOP

Application of Continuous Glucose Monitoring (CGM) in primary care

24 OCTOBER 2026 (SATURDAY)

8.30AM - 4.30 PM

ORIENTAL HALL, ORIENTAL MELAKA STRAITS MEDICAL CENTRE

LIMITED TO 40 PARTICIPANTS ONLY

WHY ATTEND THIS WORKSHOP ?

Look beyond HbA1c and understand glycaemic patterns

Use CGM to drive lifestyle changes and improve patient engagement

Optimise medication and support deprescribing appropriately

Practical skills you can apply immdiately in primary care

WHO SHOULD ATTEND?

- Family Medicine Specialist
- Medical officers
- General practitioners
- Allied health personnel
- Allied health students

REGISTRATION FEES

COMPLIMENTARY FOR ACTIVE AFPM MEMBERS

NON AFPM MEMBER

RM50

SCAN TO REGISTER

*CPD points are under review

ACADEMY OF FAMILY PHYSICIANS
OF MALAYSIA (AFPM)
MELAKA SECTION

Venue sponsored by

Oriental Melaka Straits Medical Centre

METABOLIC HEALTH WORKSHOP

Application of Continuous Glucose Monitoring (CGM) in primary care

PROGRAM TENTATIVE

TIME	PROGRAM
8.00 – 8.30 am	Registration
8.30 – 8.45 am	Opening Remarks
8.45 – 9.45 am	Looking Beyond Blood Sugar: Understanding Metabolic Health
9.45 – 10.45 am	What HbA1c Doesn't Tell You: The Clinical Value of CGM
10.45 – 11.00 am	Break
11.00 – 12.00 pm	Using CGM to Drive Lifestyle Behaviour Change
12.00 – 1.00 pm	CGM for Clinical Decision Making and Medication Optimisation
1.00 – 2.30 pm	Lunch and Networking
2.30 – 3.30 pm	Practical Session and Case Sharing
3.30 – 4.00 pm	Closing, Evaluation & CPD

SPEAKERS

Kol(Dr)Nurzeti Binti Shaik Ahmad
Family Medicine Specialist
Accredited Metabolic Health Practitioner
Hospital Angkatan Tentera Mizan,d
Kuala Lumpur

Kol (Dr) Aeriza binti Mohd Yusak.
Family Medicine Specialist ,
Jabatan Perubatan Tentera
Hopsital Angkatan Tentera Tuanku Mizan.
Kuala Lumpur

Dr Nur Aishah binti Abdul Latiff
Family Medicine Specialist
MSC in Diabetes (University of Southwales)
Klinik Kesihatan Lubok China
Alor Gajah, Melaka.